

Cultural Competence In Sports Medicine Paperback

The Little Black Book of Sports Medicine *The Sportsmedicine Book* *Sports-medicine Book* *Principles of Manual Sports Medicine* *The Olympic Book of Sports Medicine* *Textbook of Sports Medicine* *Sports Medicine for Sports Trainers - E-Book* *DeLee & Drez's Orthopaedic Sports Medicine E-Book* *Essential Sports Medicine* *Netter's Sports Medicine E-Book* *Instructions for Sports Medicine Patients E-Book* *Anybody's Sports Medicine Book* *Manual of Sports Medicine* *Sports Medicine* *Tarascon Sports Medicine Pocketbook* *Year Book of Sports Medicine* *The Best Natural Sports Medicine Book Ever* *The Year Book of Sports Medicine, 1991* *Essential Sports Medicine* *Complete Book of Sports Medicine* *Thomas M. Howard* *Gabe Mirkin* *G. Mirkin* *Steven J. Karageanes* *Albert Dirix* *Michael Kjaer* *Sports Medicine Australia* *Mark D. Miller* *Richard Higgins* *Christopher Madden* *Marc Safran* *James G. Garrick* *Marc R. Safran* *Mark A. Harrast* *Brent S. E. Rich* *Roy J. Shephard* *William Wong* *Year Book of Sports Medicine Staff* *Joseph E. Herrera Dominguez R. H.*

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a resource offering quick access to common problems found on the ward or in the clinic this text provides comprehensive and concise evidence based information on diagnosing and treating sports injuries

this thoroughly illustrated handbook is the first complete how to guide to the use of manual medicine techniques for sports injuries for each region of the body the book describes anatomy physiology physical examination and common sports injuries and details the various manual medicine techniques with step by step instructions for treating specific injuries more than 400 illustrations demonstrate how to apply these techniques separate chapters focus on injuries in fourteen specific sports and in specific athletic populations the differently abled children women the elderly and pregnant athletes

available in both hardback and paperback this book provides full colour international coverage of the whole of sports medicine with a preface by the president of the international olympic committee and contributions from world authorities in sports medicine it provides invaluable guidance for doctors and other health personnel who serve athletes basic issues are addressed as well as practical considerations such as injury prevention and treatment assessment of fitness methods of conditioning environmental factors nutrition psychology exercise and disease and exercise in rehabilitation emphasis is placed on the athlete in competitive sport but the recreational sportsman and fitness enthusiast are not forgotten the exercising child the older person and women in sport are given special consideration

the textbook of sports medicine provides comprehensive coverage of both basic science and clinical aspects of sports injury and physical activity more than one hundred of the world's leading authorities within exercise physiology clinical internal medicine sports medicine and traumatology have contributed with evidence based state of the art chapters to produce the most complete integration ever of sports medicine science into one book great attention has been given to providing balanced coverage of all aspects of sports medicine with respect to the relevance and clinical importance of each area the book isolates solid principles and knowledge and the documentation to support these as well as identifying areas where further scientific investigation is needed the topics

dealt with and the degree of detail in the individual chapters makes the book ideal for both educational programs at university level within exercise science and sports medicine as well as for post graduate courses within all aspects of sports medicine in addition the book will be excellent as a reference book in any place where professionals whether doctors exercise scientists physiotherapists or coaches are dealing with supervision or treatment of sports active individuals finally the book is well structured to act as an introduction to research in the field of sports medicine

this e book provides an easy to read introduction to the basic principles of sports medicine for people of all sporting backgrounds and interests it gives readers practical knowledge in areas such as injury prevention injury management crisis management techniques and optimising performance topics covered include management of common sporting injuries how to conduct warm up stretching and cool down sessions using taping to prevent or reduce severity of injuries and principles of sports nutrition examples are drawn from a wide variety of sports developed by sports medicine australia it provides you with the information you need to help athletes prevent injuries to reduce the severity of injuries that occur and to prevent injuries from re occurring

the revised streamlined and reorganized delee drez s orthopaedic sports medicine continues to be your must have orthopaedics reference covering the surgical medical and rehabilitation injury prevention topics related to athletic injuries and chronic conditions it provides the most clinically focused comprehensive guidance available in any single source with contributions from the most respected authorities in the field consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability be prepared to handle the full range of clinical challenges with coverage of both pediatric and aging athletes important non orthopaedic conditions involved in the management of the athlete rapidly evolving techniques and sports related fractures understand rehabilitation and other therapeutic modalities in the context of return to play take advantage of in depth coverage of arthroscopic techniques including acl reconstruction allograft cartilage transplantation rotator cuff repair and complications in athletes as well as injury prevention nutrition pharmacology and psychology in sports equip yourself with the most current information surrounding hot topics such as hip pain in the athlete hip arthroscopy concussions and medical management of the athlete remain at the forefront of the field with content that addresses the latest changes in orthopaedics including advances in sports medicine community knowledge evidence based medicine ultrasound guided injections biologic therapies and principles of injury prevention enhance your understanding with fully updated figures throughout take a global view of orthopaedic sports medicine with the addition of two new international section editors and supplemental international content access even more expert content in new author s preferred technique sections find the information you need more quickly with this completely reorganized text

essential sports medicine is a brand new core text for medical and physiotherapy students and general practitioners who want a comprehensive yet concise practical guide to the biomechanics and physiology of sporting injuries and treatment the book takes a multi disciplinary approach and is organised into regional and sports specific injuries the book also covers the team physician s role acute management drugs in sport and rehabilitation techniques high quality functional anatomical diagrams and photographs are included as well as key points boxes to highlight diagnosis and rehabilitation protocol the content is completely up to date and is aimed at students and gps interested in this increasingly important and popular subject rather than specialists in the field the contributing authors are recognised worldwide experts in their areas essential sports medicine is ideal for medical students and physiotherapy students and general practitioners undertaking further postgraduate training in this area pre publication reviews i believe there is a great need for a publication such as this which will dedicate itself entirely to the still rather young and developing area of sports medicine 4th year medical student glasgow university i like it a lot the inclusion of chapters on drugs women and children etc also widens the scope adding to its appeal final year medical student newcastle university i am impressed by the aim and scope of the book the area of education in sports medicine is one which is becoming increasingly important but at present is poorly served in terms of reference materials derbyshire gp who has just completed the diploma in sport and exercise medicine

netter s sports medicine by christopher c madden md margot putukian md facsm craig c young md and eric c mccarty md is a reference designed to help you meet the challenges presented by your patients in this growing interdisciplinary field more than 1 000 netter images along with photos of physical examination techniques and imaging examples provide a rich visual understanding while a bulleted text format combined with a user friendly organization by specific types of injuries as well as different types of sports makes reference quick and easy discussions of a full range of sports traditional as well as less common ensure that the coverage is comprehensive and up to date from pre participation exams musculoskeletal injuries sports nutrition and sports psychology to general medical problems in athletes this reference equips you with the guidance you need to keep your patients at the top of their game presents more than 1 000 netter illustrations accompanied by photos of physical examination techniques radiographs and other imaging techniques including ct and mri that equip you with a rich visual understanding of sports medicine features a bulleted text format for quick read guidance organizes information by specific types of injuries as well as different types of sports for an easy to access reference discusses traditional along with less common sports for comprehensive coverage that is up to date includes a section that examines considerations for specific athlete populations including children women the senior athlete and the physically challenged to help you meet their special needs presents the cross disciplinary contributions of primary care physicians athletic trainers physical therapists dentists orthopaedic surgeons and others who provide a well rounded perspective on the subject

combines current evidence based information with expert clinical guidance for a high yield reference

instructions for sports medicine patients provides step by step guidance for your patients to save time and eliminate the risk of miscommunication marc safran and james e zachazewski present the combined perspectives of both an orthopaedic sports medicine physician and a physical therapist for a balanced approach to therapeutic practices the updated second edition covers additional topics so that you stay current and have the best treatment options at your fingertips you'll have over 300 rehabilitation exercises with detailed drawings and descriptions all downloadable from expertconsult com ensure that your patients comply with therapeutic instructions and recover more quickly from chronic ankle instability tennis elbow and more access the fully searchable contents on cd along with all topics printable as pdfs for fast and easy access to the instructions you need provide over 300 rehabilitation exercises with detailed drawings and descriptions that are easy for the patient to follow at home customize patient handouts with special instructions through an adaptable notes area benefit from the perspectives of an orthopedic sports medicine physician and a physical therapist for balanced guidelines for the patient to follow stay at the forefront of therapy and practice with coverage of additional new topics flexor hallucis longus tendonitis hip labral tear femoroacetabular impingement ligamentum teres tear hip instability stiff frozen shoulder surgery for hip arthroscopic surgery slap lesion bennett's lesion thrower's shoulder exercise with a joint replacement arthroplasty trochanteric bursitis and viscosupplementation save time in finding the right treatment using an expanded contents list that cross references both the common and scientific names of each condition improve patient compliance even in the face of potential language barriers with instructions in both spanish and english that you can customize download and print help your patients understand instructions thanks to material at a 6th grade reading level for easy comprehension

this manual is the perfect pocket reference for all health care professionals who care for athletes including sports medicine specialists orthopaedic surgeons family practitioners physical therapists and trainers in a format designed for quick reference the book provides comprehensive guidance on the full range of issues in sports medicine from pre participation examinations protective equipment and training to care of specific medical problems and injuries to summaries of what to expect in each particular sport paperback edition available only in selected countries please check with your local representative or distributor

this book is a concise high yield review book for anyone preparing for the sports medicine board examinations having personally used the second edition the third edition's updated information and the addition of rationales and explanations for answers to the practice test will be especially useful for the studying practitioner doody's review service 4 stars now in its third edition sports medicine study guide and review for boards continues as the leading review text offering a focused survey of non surgical sports medicine topics updated throughout to reflect current sports science protocols and practice this book covers all topics related to and found on the sports medicine caq examination written in outline format for targeted review the book serves as a primary study tool for candidates preparing for initial certification or recertification as well as those wanting to supplement their training in sports medicine organized according to the exam blueprint with topics weighted to reflect their emphasis on the test sections cover all subject areas found on the boards including basic science and general procedures health promotion and preventative aspects emergency assessment and care and diagnosis management and treatment for the full range of sports related injuries and conditions a final sub section on emerging topics in the field includes chapters on regenerative medicine sports ultrasound and a newly added chapter on exercise as medicine the book also contains a practice test of over 260 questions new to this edition with an answer key and detailed rationales for candidates to assess clinical knowledge and assist with final preparation for boards loaded with high yield facts throughout this proven resource is fit for any student trainee or clinician preparing for boards moc or in training exams key features offers comprehensive coverage of all topics tested on the sports medicine caq examination encourages targeted review through easy to read outline format illustrates key points with over 100 figures and tables for enhanced learning contains full practice test with 260 questions answers and explanations purchase includes digital access for use on most mobile devices or computers

the tarascon sports medicine pocketbook brings non surgical primary care physicians athletic trainers and physical therapists the most up to date information on the topic of sports medicine so that they may provide the best medical treatment possible for the active individual sports medicine is more than just the management of musculoskeletal injuries it is primary care medicine for the active individual and not only includes the specialties of family medicine pediatrics internal medicine physical medicine and rehabilitation and emergency medicine but also cardiology nutrition psychology pharmacology neurology and others topics include common musculoskeletal injuries infectious disease overtraining pain management an athletics drug guide and exercise physiology

from roy shephard not only does a team of top international experts select the very best articles from a bewildering plethora of recent information but their expert critique of the individual papers allows readers to weigh their limitations and understand

findings that can enhance their current medical practice there s no faster or easier way to stay informed the year book of sports medicine brings you abstracts of articles carefully selected from more than 500 journals worldwide expert commentaries evaluate the clinical importance of each article and discuss its application to your practice

the best natural sports medicine book ever is for you if 1 you wish to avoid the surgeon's knife 2 you want non toxic care for strains and sprains 3 you are at a loss as to what to do for exercise and activity 4 you are suffering the injuries of over sold exercise programs 5 you have the most common injuries in sports dance and exercise 6 you want evaluation reduction and rehabilitation 7 you want to know when the knife and drugs are indicated 8 you need to learn of the options to surgery and drugs there are 127 photographs and illustrations in this edition 176 pages of natural and alternative therapies for the most common sports injuries the author william wong is a master in the field of natural alternative medicine thousands of athletes have been using his techniques and remedies successfully for years 90 of most sports injuries can be minimized or even remedied if the right intervention occurs within the first 20 minutes all athletes whether amateurs or pros need to have this book on hand trainers teams universities high schools and all sponsors of any sport must have this book for emergencies parents of younger athletes should have this on hand at all times it could save your child's life

sports medicine is a popular medical sub specialty sports medicine certainly overlaps with general musculoskeletal medicine but there are important differences to be aware of this book provides comprehensive pertinent information about sports medicine so that the busy clinician can find it accessible and practical medical students residents and fellows will find the book useful for providing an accessible overview of the most salient points in the field of sports medicine

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